

## Theory of Mind Resources

### **Navigating the Social World: A Curriculum for Individuals with Asperger's Syndrome, High Functioning Autism and Related Disorders by Jeanette Mc Afee**

Pediatrician Jeanie McAfee originally created this user-friendly social curriculum for her daughter Rachel, who was diagnosed with Asperger's at age ten. Since then, it has become a staple for parents and educators. It addresses the most urgent problems facing those with Asperger's Syndrome, high-functioning autism, and related disorders.

### **Superflex...A Superhero Social Thinking Curriculum by Stephanie Madrigal and Michelle Garcia Winner**

This book provides educators, parents and therapists fun and motivating ways to teach students with Asperger Syndrome, high-functioning autism, ADHD and other diagnosed and undiagnosed social difficulties how to build social thinking skills.

### **The New Social Story Book, Revised and Expanded 15<sup>th</sup> Anniversary Edition: Over 150 Social Stories that Teach Everyday Social Skills to Children and Adults by Carol Gray**

These short stories describe different scenarios which allow individuals to understand themselves and others better. These stories may motivate them to start asking questions about other people and at least recognize that different individuals think in unique ways.

### **Thinking About You, Thinking About Me by Michelle Garcia Winner**

This book addresses the different ways this problem can present itself, the current thinking on how to approach the problem and a wealth of exercises and activities that can immediately be applied to the student. Illustrated with clear diagrams and tables, and with photocopiable handouts,

### **Zones of Regulation by Leah Kuypers**

The Zones of Regulation is a curriculum geared toward helping students gain skills in consciously regulating their actions, which in turn leads to increased control and problem solving abilities.