

MEET AET VOLUNTEER

Betsy Rosebrugh



Level of AET membership:

Professional - working on BCET

Type and location of practice: (*City, State*)

Solo practitioner in Studio City, CA

Leadership roles held in AET:

I served on the Mentorship Committee, worked on the Life Cycle project which I will lead that this fall, and served as a 2024 Conference reader.

How long have you been an educational therapist?

5 years

What brought you to educational therapy?

After years in education, I realized that working one-on-one with students was my passion. As a classroom teacher, I adapted my lessons for the individual students, identifying areas of strength, developing strategies, working with families, and making accommodations for each student. It seemed like a natural transition.

Areas of expertise:

As I am certified in OG and trained in Wilson, I target students who are struggling with dyslexia or dysgraphia. I focus on all aspects of reading and writing. I also have completed Executive Function Coaching training and am enjoying adding these clients to my practice.

What is the best career advice you can give to new ETs?

Every decision needs to be guided by what is best for the student. It is difficult to question decisions that are made when a child is put first. Always take the time to build rapport with a student. Join them—never come at them.

Describe a challenge you have faced as an educational therapist:

Recently, I had to speak out as an advocate for a student. The school could have received my message better, and it made numerous administrators uncomfortable. Nevertheless, my decision was in the best interest of the child, and I stood by it!

Describe a highlight of your educational therapy career:

I finally connected with a student who had been resentful of intervention, angry about her challenges, and initially refused to work. It took the entire school year, but we have made incredible strides, and more importantly, she has achieved the goals we set for the year.

What do you think the future of the educational therapy profession will look like?

The ability to provide educational therapy interventions virtually has opened up numerous possibilities and will only continue to grow. Educational therapy is essential for so many students, and finding a way to deliver support to all who need it is crucial. They all deserve it!

How have you benefited from your membership in AET?

I enjoy networking with other like-minded people. Collaboration is essential to helping us all grow and develop as professionals, and I find that support and collective thinking through AET.

Hobbies/Leisure Activities:

Reading, yoga, golf, and spending time with my family.

