

MEET AET VOLUNTEER

Kara Scanlon



Level of AET membership:

ET/P

Type and location of practice: (City, State)

Virtual Boutique Private Practice based in Sebastopol, CA

Leadership roles held in AET:

National Conference Chair (and Co-Chair)

How long have you been an educational therapist?

Began working with students in 2006, received certificate in 2014

What brought you to educational therapy?

Il had an educational therapist in elementary school and wanted to use my love of math and psychology in my work.

Areas of expertise:

Math, Math Anxiety and EF

What is the best career advice you can give to new ETs?

Find a focus and dive deep into that specialty plus find as many mentors as you can!

Describe a challenge you have faced as an educational therapist:

Payment is my biggest issue each school year. I am getting better each year with boundaries around my times and knowing my worth. I have also learned to delegate my billing which frees up a lot of my executive functioning.

Describe a highlight of your educational therapy career:

Having a professor/person who wrote the textbook for one of my classes refer to me!

What do you think the future of the educational therapy profession will look like?

My hope is that everyone will know the term educational therapy and that students and adults who need support can have easy access to educational therapists to flourish.

How have you benefited from your membership in AET?

I have so many mentors, colleagues, and friends because of AET. I am always improving my professionalism with sage advice from and discussions with AET members. I would not be where I am today without the support of so many AET members!

Hobbies/Leisure Activities:

Skateboarding, rock climbing, cuddling my dog and cat, and collecting Haworthia

