

# MEET AET VOLUNTEER

## Polly Mayer



### Level of AET membership:

ET/P

### Type and location of practice: (*City, State*)

Private Practice  
El Cerrito, CA

### Leadership roles held in AET:

Chair of Professional Affairs Committee  
Chair of Higher Education Subcommittee  
Member of Social Justice Committee

### How long have you been an educational therapist?

Since 2006

### What brought you to educational therapy?

I wanted to learn more about how to help students who struggle with academics. Marion Marshall, and the ET Program at Holy Names University, trained me to understand complex learning profiles and how to offer useful strategies for students with learning differences.

### Areas of expertise:

Reading/Writing support and intervention, K-12  
Math support and intervention, K-6  
Executive Functioning support, 6-12  
Supporting GenEd classroom teachers in understanding how to help students with learning differences  
Teaching MMSN credential candidates and ET certificate candidates  
Teaching First Year College students  
Disability Support Services for university students

### What is the best career advice you can give to new ETs?

Join AET & take advantage of the wonderful support network through committees, Study Groups, webinars, and conferences!

### Describe a challenge you have faced as an educational therapist:

Making sure to build in enough preparation time for sessions, and setting compassionate boundaries with families/caregivers.

### Describe a highlight of your educational therapy career:

Introducing Dr. Ann Kaganoff at the 2018 AET National Conference.

### What do you think the future of the educational therapy profession will look like?

Introducing Dr. Ann Kaganoff at the 2018 AET National Conference.

### How have you benefited from your membership in AET?

The ongoing opportunities for learning and professional development offered through webinars, workshops and conferences, and the sense of collegiality.

### Hobbies/Leisure Activities:

Birding  
Playing the piano  
Walking  
Reading  
Embroidery

