Where Can I Find a Qualified Educational Therapist in My Area?

Contact the Association of Educational Therapists (AET) at 414.908.4949 or visit www.aetonline.org. AET is the national professional association for educational therapists. Founded in 1979, AET advances best practices in educational therapy, provides professional support to educational therapists, and is a resource to other professionals from other disciplines. AET is a reliable source of referrals for educational therapists.

When Selecting an Educational Therapist, Ask About:

- Educational background, training, and work experience
- Level of membership within AET
- Areas of specialization
- Short-term objectives and long-term goals for your student
- Strategies and techniques for interventions
- Fee structure and policies

Since working with his educational therapist, my son has made such immense progress over the last few months in all aspects of his life. His confidence is coming back, and he is doing so much better in school.

- Tamara, Los Angeles, CA

No words can describe how grateful I am to have you in my life. Thank you so much for all of your support and making me the type of student I am today. You really helped me become a more confident reader and helped me create all of the study habits I have now. You have made my school experience memorable and meaningful.

- Maddie, age 13, Los Angeles, CA

I feel better about myself after coming here because you believed in me and my skills and wanted to help me.

- 8th grade boy, Chicago, IL
What is Educational Therapy?
Although everyone learns differently, it is estimated that millions of children and adults with average to superior intelligence are experiencing academic difficulties. Educational therapy can help these individuals progress and fulfill their learning potential.

Educational therapy is personalized remedial instruction for individuals experiencing learning differences and disabilities, including, but not limited to, dyslexia, ADHD, autism spectrum disorder, executive function deficit, language, auditory and visual processing deficit. Educational therapists have extensive training and experience administering academic assessments, developing intervention plans, setting goals, and teaching strategies to address challenges with reading, writing, spelling, math, organization, and study skills.

What are the Goals of Educational Therapy?
The primary goal of educational therapy is to foster self-confident, independent learners who understand their learning profiles and can advocate for themselves.

Educational Therapy Can Benefit Students Who Struggle With:
- Completing homework or schoolwork in a timely manner
- Understanding math concepts or recalling math facts
- Associating sounds with letters
- Remembering printed words
- Understanding what is read or heard
- Spelling even after much practice
- Following oral or written directions
- Expressing ideas orally or in writing
- Time management
- Study skills
- Organizational skills
- Working independently

Areas Addressed by Educational Therapists

**ACADEMIC**
- reading, writing, math, spelling
- study skills
- critical thinking skills

**NON-ACADEMIC**
- strategies for learning
- organization
- problem solving
- attention
- self-esteem
- awareness of strengths and challenges
- self-advocacy
- motivation

**SOCIO-EMOTIONAL**
- strategies to address the interrelationship between emotions, behavior, and learning
- provide a safe place to express feelings that affect learning

Facts About Educational Therapy

What’s the Difference Between an Educational Therapist and a Tutor?
While a tutor generally focuses on teaching specific subject matter, an educational therapist’s focus is broader. Educational therapists work as a team with parents, teachers, and other professionals concerned with the student’s learning, and focus on remediation by building underlying learning skills.

“Working with you was one of the few times where we were given a referral to someone and the person not only worked out well, but surpassed our expectations, provided support not only for the kid but for the family, and taught skills that she continues to use today.”
-Dawn, Studio City, CA

Why Should I Use an Educational Therapist?
Educational therapists have a master’s degree, specialized training, and experience working with students who present with a wide range of learning disabilities. Educational therapists understand the social, behavioral and emotional aspects that have an affect on learning. They help students understand their learning challenges, become aware of their strengths, as well as develop non-academic strategies that build self-esteem and promote self-advocacy. Educational therapists coordinate services by fostering communication and collaboration with the student’s team.

How Long Does Educational Therapy Take?
Educational therapy is a highly individualized process, and because each person’s needs are unique, the length of time varies based on the goals that are established by the student, parents, and educational therapist.

www.AETonline.org